

Faculty

Karen Gardner, MOT, OTR, HPCS-Karen has a Master's degree in Occupational Therapy and is the owner of Silver Lining Therapy, LLC in Texas. She is an AHA Faculty member, Hippotherapy Clinical Specialist (HPCS), PATH-Intl Master Instructor and Driving Instructor. She is an adjunct professor for the OTA Program at Lone Star College. Karen is certified in Natural Lifemanship Trauma Focused Equine Assisted Psychotherapy (TF-EAP) Therapy specialties include sensory integration, aquatics, DIR Floortime and NDT. She presents at local, state and national conferences on a variety of topics within OT, hippotherapy, adaptive riding and horse training. She utilizes a variety of natural horsemanship techniques in her horse training and therapy sessions. Karen is a past President and former Board Member of the American Hippotherapy Association, Inc.



QUANTUM LEAP FARM, INC.

10401 Woodstock Rd, Odessa FL 33556

Farm Office: 813-920-9250 ext. 208

Continuing Education

A certificate of attendance will be provided. Contact hours total 27. Courses are not pre-approved unless indicated otherwise.

Travel Information

Quantum Leap Farm is located approximately 28 minutes (20.7 miles) from Tampa International Airport, and 38 minutes (26 miles) from St. Petersburg-Clearwater International. Transportation to and from the facility will need to be arranged by the participants.

Lodging Information

Holiday Inn Express and Suites will be reserving a block of rooms for this course. Please call 727-835-7820 and mention 3 letter group code **QLF**

Holiday Inn Express & Suites 2125 Corporate Center Dr Trinity, FL 34655

PHONE: (727) 835-7820

FAX: (727) 835-7819

CELL: (352) 397-5787

Complimentary Amenities: Full Breakfast Buffet, Microwave, Refrigerator, Flat Screen TV w/ Full HD Cable, Heated Pool, Hot Tub, Fitness Center, Business Center, Wireless Internet & Printing, Iron & Hair Dryer

conditions set forth by AHA, Inc

American Hippotherapy
Association Inc.

Presents

AHA Inc. Approved

Level I

Treatment Principles

**Hosted By: Quantum Leap
Farm**

Feb. 9-11, 2019



*Please email or mail registration
information to AHA Inc.*

mwood@theahainc.org

2537 Research Blvd. Suite #203

Fort Collins, CO 80526

Level I Treatment Principles

This course is 4 days total with 3 days of in person instruction and 8 hours of online study. It is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The first day emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. Using experiential non-mounted activities, the attendee will learn to interpret the body language of the horse, groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

Building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement. Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, teamed with their therapist. Graduate occupational, physical and speech therapy students must be in their last semester of graduate school to be eligible to attend this course for credit.

Registration Information

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds 300 lbs, you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

Cancellation Policies: AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$100 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

Course prerequisite: Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the course must be at least 3 weeks prior to the start of the course. AHA, Inc. staff will confirm with the host site that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

Registration Form

Name: _____

Address: _____

City/ State/ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member #/exp.: _____

New memberships are accepted. Join today at www.americanhippotherapyassociation.org.

Credentials as listed on course certificate:

Non-therapists: *Please Circle one:* Riding Instructor / Horse handler / Administrator/ Other _____

Height _____

Weight _____

Special needs-mobility restrictions/diet/etc.

Registration is limited.

Early registration on or before Jan 19, 2019

_____ \$850.00 for AHA, Inc. Member/\$950.00 for Non-AHA, Inc. Member

After Jan 19, 2019

_____ \$925.00 for AHA, Inc. Member/\$1,025 for Non-AHA, Inc. Member

___ Check - payable to AHA Inc.

___ Charge MC VISA AM EX

Name on Card _____

Card Number _____

Exp. Date _____ Security Code _____

Billing zip code _____