

Faculty

Karen Gardner, OTR, MOT, HPCS

Karen has a Master's degree in Occupational Therapy and is the owner of Silver Lining Therapy, LLC in Texas. She is an AHA Faculty member, Hippotherapy Clinical Specialist (HPCS), PATH-Intl Master Instructor and Driving Instructor. She is an adjunct professor for the OTA Program at Lone Star College. Karen is certified in Natural Lifemanship Trauma Focused Equine Assisted Psychotherapy (TF-EAP) Therapy specialties include sensory integration, aquatics, DIR Floortime and NDT. She presents at local, state and national conferences on a variety of topics within OT, hippotherapy, adaptive riding and horse training. She utilizes a variety of natural horsemanship techniques in her horse training and therapy sessions. Karen is a past President and former Board Member of the American Hippotherapy Association, Inc.



Coordinator: ALEXIS LOPEZ, MOT, OTR/L
Occupational Therapist and
Director of Operations
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Continuing Education

A **Certificate of attendance** will be provided.
Contact hours total **27**. Courses are not pre-approved unless indicated otherwise.

Hotel Information

Holiday Inn Express Trinity
2125 Corporate Center Drive,
Trinity FL 34655
Ph: 727-835-7820
(11 minutes/ 5.5 miles)

Reserve by Jan 11th for discount price of \$119 per night, call with Code: QLF
Price includes complimentary Hot Breakfast Buffet & Wi-Fi and Transportation to and from the hotel.

**The Holiday Inn Express staff has offered Airport Transportation for additional \$20 per person.*

Travel Information

Quantum Leap Farm is located approximately 28 minutes (20.7 miles) from Tampa International Airport, and 38 minutes (26 miles) from St. Petersburg-Clearwater International. Transportation to and from the facility/hotel will need to be arranged by the participants. **QLF Staff are available for transportation upon request.*

Hosted by: QUANTUM LEAP FARM, INC.
10401 Woodstock Rd, Odessa FL 33556
Office Phone: 813-920-9250, ext. 208

The curriculum may be utilized only under conditions set forth by AHA, Inc.

QUANTUM LEAP FARM

Presents:

**American Hippotherapy
Association, Inc.**

**Approved- Level I
Treatment Principles**

FEB. 7th – 10th, 2019

(Thurs- Sat 8:30-5:30 & Sun 8:30-3:00)



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Quantum Leap Farm
• Equine-Assisted Therapies •

10401 Woodstock Rd.

Odessa, FL 33556

www.quantumleapfarm.org

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Level I Treatment Principles

This 4 day course is an overview of the principles of hippotherapy, designed for therapists (PT, OT, SLP, PTA, COTA, SLPA) interested in utilizing hippotherapy in their practice. The first day emphasizes the horse, and the importance of the quality of the horse's movement working in treatment. Using experiential non-mounted activities, the attendee will learn to interpret the body language of the horse, groom, tack and lead the therapy horse, recognize desirable conformation, soundness, movement quality, gaits, and understand training, conditioning and humane treatment of the therapy horse.

Building on these equine skills, the attendee will explore the dynamic system of therapist, patient, horse handler and horse as is applied in Hippotherapy. Topics include: the history and development of hippotherapy in the US, understanding the biomechanical and sensory interaction of horse/human, horse selection, safety principles, patient and horse selection, precautions and contraindications, patient evaluation, maximizing the effects of equine movement including use of school figures and movement progression, the role of the therapy team members, documentation, business aspects and current research in the effects of equine movement.

Adaptive riding instructors, horse handlers, administrators and others interested in hippotherapy treatment principles are welcome to attend, teamed with their therapist. Graduate occupational, physical and speech therapy students must be in their last semester of graduate school to be eligible to attend this course for credit.

Registration Information

All attendees will receive a hard copy of the AHA, Inc. Level I Treatment Principles Manual. The course fee also includes breakfast and lunch. During the course you will be on and/or working directly with horses. Please have appropriate clothing/footwear. Helmets will be provided. If your weight exceeds #300lbs, you may be excused from the mounted portion of the course. Indicate any special restrictions on the registration form.

Cancellation Policies: AHA, Inc. and the host facility reserve the right to adjust course dates, times and faculty to accommodate unforeseen circumstances including cancellation of the course due to insufficient registration up to 3 weeks prior to the scheduled start date. Notification will only be made to advanced registrants. Neither AHA, Inc. nor the host facility is responsible for any expenses incurred by registrants due to such adjustments.

Participant cancellation requests must be made in writing no less than 3 weeks prior to the course start date to receive a refund, minus a \$150 administrative fee. No refunds will be given for cancellations received within three weeks prior to the start of the course.

Course prerequisite: Successful completion of the on-line "Intro to Equine Skills" test reviewing equine care and management. Completion of the course must be at least 3 weeks prior to the start of the course. AHA, Inc. staff will confirm with the host site that the test has been completed and passed. The cost of the test is \$35.00. Visit the AHA, Inc. website under "Curriculum Overview," under the Education tab for a link to purchase.

Registration Form

Name: _____

Address: _____

City/ State/ Zip: _____

Phone: _____

Email: _____

*AHA, Inc. Member # _____

New memberships are accepted: Join today at

www.americanhippotherapyassociation.org

Credentials as listed on course certificate:

Non-therapists: *Please Circle one:* Riding Instructor / Horse handler / Administrator/ Other _____

Height _____ Weight _____

Special needs-mobility restrictions/diet/etc.

*Registration is limited.

RATES

AHA, Inc. Member	*Non-AHA, Inc. Members
	Early Registration
\$850	\$975
	After January 2 nd , 2019
\$900	\$1025

METHOD OF PAYMENT

☐ Pay via Credit Card & Register on-line on our Website
www.quantumleapfarm.org

click "Events > AHA Level 1 > Register Here"

☐ Check Enclosed (Payable to Quantum Leap Farm, Inc.)

Credit Card: ☐ VISA ☐ MASTERCARD ☐ AMEX

Name on Card: _____

Card #: _____ CVV: _____

Exp. Date: _____ Zip Code: _____