



# Program Report 2022



## Mission

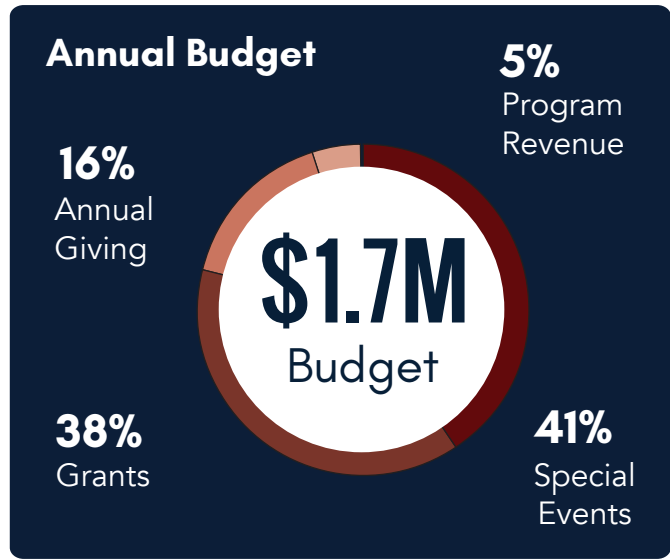
Improving quality of life and inspiring personal growth through equine-assisted therapies.

## Vision

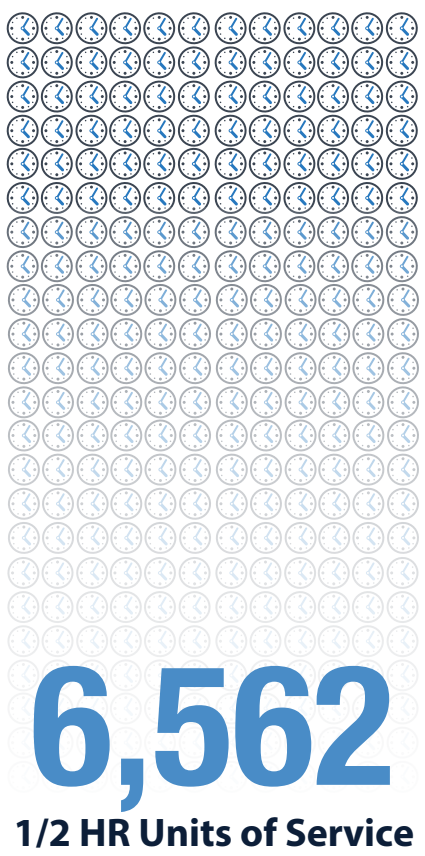
Excellence not perfection. At Quantum Leap Farm, we envision a world where people are accepted unconditionally.

## Programs

Our comprehensive equine-assisted therapy programs produce physical, social and mental health benefits for our participants.



## Units of service through our 6 main equine-assisted therapy programs:



### Therapeutic Riding - 1,559 units

Each session involves instruction in horseback riding and horsemanship skills. Sessions are facilitated by certified therapeutic riding instructors.



### Mental Health (EASE, Equine-Assisted Self-Exploration) - 2,017 units

Facilitated by licensed mental health professionals. Individuals or groups participate in sessions designed to cultivate personal growth and development.



### Hippotherapy (Occupational & Speech Therapy) - 190 units

Facilitated by a licensed occupational therapist and/or speech pathologist certified in equine-assisted therapy. Sessions are designed to improve functional abilities and increase independence through equine movement and behavior.



### Military Retreats (WMAE, Warrior Mission: At Ease) - 2,220 units

Five-day therapeutic retreats for veterans facilitated by a team of licensed mental health professionals. Retreats feature equine-assisted therapies and other cutting-edge best practices in mental health.



### Family Fun Days - 488 units

Activities at the farm providing valuable peer-to-peer support and quality recreational time with friends and family members.



### BEST, Basic Equine Skills Training - 88 units

Vocational program facilitated by a licensed occupational therapist that allows adolescents and adults with disabilities to develop life skills while working with their equine friends.

# Our 2022 Participants

**5%**  
Team Building

**13%**  
Special Needs

**35%**  
Children

**45%**  
Military



**13%**  
Pediatric Cancer

**24%**  
Recovery Groups

**65%**  
Adults



“ This place has given me such a solid foundation - in trust, patience, love and community. The tools I have learned here will remain with me for the rest of my life. Quantum Leap has given me faith in myself and a renewed desire to LIVE, not just survive. ”  
- Warrior Mission: At Ease Veteran

# Our 2022 Volunteers

**9,414** Hours

**446** Individuals

**56** Weekly Volunteers

**\$281,949**

**in labor expenses!**

According to the Non-Profit Leadership Center the current estimated national value of each volunteer hour is \$29.95

**Saving the Farm over**



## Volunteer Duties:

- Leading & sidewalking in lessons
- Grooming & caring for horses
- Barn & facility maintenance
- Board of Directors
- Scholarship Internships

## Volunteer Groups:

- Deloitte
- Girl Scouts
- Neilsen
- Mission Continues
- Phi Chi Theta
- Suncoast Credit Union
- Tampa Bay Lightning
- The Chapel
- UMC Youth Group
- USAA